

FOLLIA | LUNCH

* LUNCH PRE-FIXE

\$14pp

CHOICE OF SOUP OR MIXED GREEN SALAD
WITH ANY PASTA OR PIZZA

BURGER & BEER
CHOICE OF ANY HOUSEMADE BURGER
WITH ANY CRAFT BEER
\$14

piatto del giorno ... \$16

MUSHROOM OMELETTE ... 13
wild mushrooms & ricotta

AVOCADO TOAST ... 12
poached eggs, smashed avocado & eggplant caponata

small plates

ARANCINI fried fontina risotto balls | 7
MEATBALLS in tomato sauce with | 8
parmigiano

MARKET OYSTERS P/A

crostini | \$7

BURRATA olive oil & sea salt
WHIPPED RICOTTA pesto
TRUFFLED EGG
MASCARPONE AND CLOVER
HONEY

antipasti

HOUSE-MARINATED OLIVES ... 6
EGGPLANT CAPONATA ... 7
BEETS mint, ricotta salata & pistachio ... 7
CHICKPEA BALSAMICO ... 7
FIRE-ROASTED RED PEPPERS ... 6

formaggi | \$6 EACH 3 FOR \$15

TALEGGIO cow
PARMIGIANO cow
AGED MANCHEGO sheep
ROBIOLA sheep, goat, cow

insalata

BURRATA SALAD arugula, roasted peppers, tomato, olive oil, balsamic & sea salt 11
BABY KALE walnuts, quinoa, ricotta salata, apricot, honey vinaigrette 11
ITALIAN COBB SALAD roasted chicken, gorgonzola, tomatoes, carrots, avocado, cucumbers, bacon, egg & sherry vinaigrette 12
SEARED TUNA yellowfin tuna, stringbeans, capers, tomatoes, mesclun, potatoes, boiled egg 13
add chicken \$5, salmon or tuna \$8

BURGERS

GORGONZOLA BURGER* ... 14
soft focaccia roll & truffle fries
OR
LAMB BURGER* ... 14
soft focaccia roll with feta cheese & truffle fries

INVOLTO & PANINI

MEATBALL INVOLTO ... 13
housemade meatballs, pomodoro & ricotta cheese

ITALIAN HERO INVOLTO ... 13
prosciutto, hot soppressata, pepperoni, roasted red peppers, artichoke, mozzarella, provolone

all involtos served with pomodoro

PROSCIUTTO PANINO ... 13
on baguette with burrata, arugula, roasted red peppers, e.v.o.o. & balsamic

VERDURA PANINO ... 13
on baguette with grilled veggies, ricotta, roasted red peppers & pesto

all panini served with green salad

pizza all pizza hand-made in our wood burning oven

MARGHERITA mozzarella, tomato, basil, olive oil 14
PESTO pesto, ricotta, mozzarella, calabrian chili 15
NEW YORK STYLE mozzarella, parmigiana, tomato sauce, chili flake, oregano, garlic 14
FUNGHI porcini cream sauce, mozzarella, parmesan, crimini & matiake mushrooms 16
PIZZA ESCALIVADA smoked eggplant, garlic, roasted red pepper, tomato sauce, fresh oregano 15

add pepperoni, onions, mushrooms: (\$2)

pasta & secondi

SPAGHETTI POMODORO ... 12
tomato, basil, olive oil & parmigiano

ORECCHIETTE ... 14
sweet fennel pork sausage, broccoli rabe, pesto & pecorino

SPAGHETTI BOLOGNESE ... 14
parmigiano reggiano

whole wheat spaghetti (\$1)
gluten free pasta (\$2)

CACIO E PEPE ... 12
crushed black pepper & parmigiano reggiano

BAKED EGGPLANT PARMIGIANA ... 14
ricotta, mozzarella

PAN ROASTED BRANZINO ... 15
oven-roasted cherry tomatoes, fennel & red potatoes



lunch

 /follianyc  @follianyc  @follianyc